

The Strawberry patch Nursery

Sleeping children / baby policy and procedures

Aim

To ensure all babies and children have enough sleep for them to develop and to promote best practice for all children in a safe environment.

Methods

The Strawberry patch nursery adopts a policy of practice recommended by The Cot Death Society to minimise the risk of Sudden Infant Death.

The safety of babies sleeping is paramount in the nursery and we promote good practice and ensure that we work in partnership with the parents.

- Cots, prams and blankets will be provided by the strawberry patch nursery and each child will have their own during their day at the nursery. These sheets and blankets will be washed at the end of each day.
- Only safety-approved prams, cots and firm mattresses are used at the setting.
- They will sleep in a well vented room with the room temperature kept between 68-75°F and a thermometer kept in the infant room.
- Sleep only one baby per cot.
- Infants' heads will not be covered with blankets or bedding. Infants' cots/prams will not be covered with blankets or bedding. We may use a sleep sack instead of a blanket if it is provided by the parent/carer.
- No loose bedding, pillows, bumper pads, etc. will be used in the cots. Any large soft toys that have the potential to smother a baby will be removed.
- Parents/carers will provide dummies and comforters and information on how they like their child to sleep and for how long, bearing in mind routines may change when a child starts a nursery.
- When the child is put in the cot or the pram their feet should be at the bottom and the child will be placed on their back to sleep.

- With our glass surround sleeping area the children/babies can be constantly monitored. Otherwise they are checked every 5 minutes.

Signed: _____

Review date: _____